

The image shows the interior of a wooden sauna. The walls, ceiling, and benches are made of light-colored wood with horizontal slats. There are two levels of benches. A heater is visible on the wall in the background. The lighting is warm and soft.

# D&R

Durán & Ramírez

Custom european saunas since 1960

# *Saunas Durán*<sup>®</sup>

## Desde 1960

In the late 1950s, a chance encounter in Albert Durán's modest workshop sparked a revolution in bespoke wellness. When a discerning Swedish client requested a custom sauna for his Barcelona home, Albert—though unfamiliar with the craft—embraced the challenge. Guided by tradition and fueled by ingenuity, he handcrafted Spain's first artisanal sauna, founding Saunas Durán in 1960. What began as an experiment became a legacy: the birth of Spain's premier sauna specialist.

By 1992, David Durán had elevated his father's vision. Alongside his wife, he transformed the company into a benchmark of luxury, merging timeless Scandinavian techniques with Mediterranean artistry. Their collaborations with architects and designers expanded their reach across Spain, France, and North Africa, crafting saunas that were no longer mere amenities but statement pieces for the most exclusive homes.

Today, under the stewardship of Alonso Ramírez, the family's ethos of innovation meets global ambition. With Miami's skyline as a backdrop, Saunas Durán brings six decades of expertise to a new audience. Each custom sauna is now a fusion of heritage and cutting-edge design—tailored for connoisseurs who demand excellence. From Barcelona to Miami, the legacy continues: redefining spaces, one masterpiece at a time.



# Tradition & health care

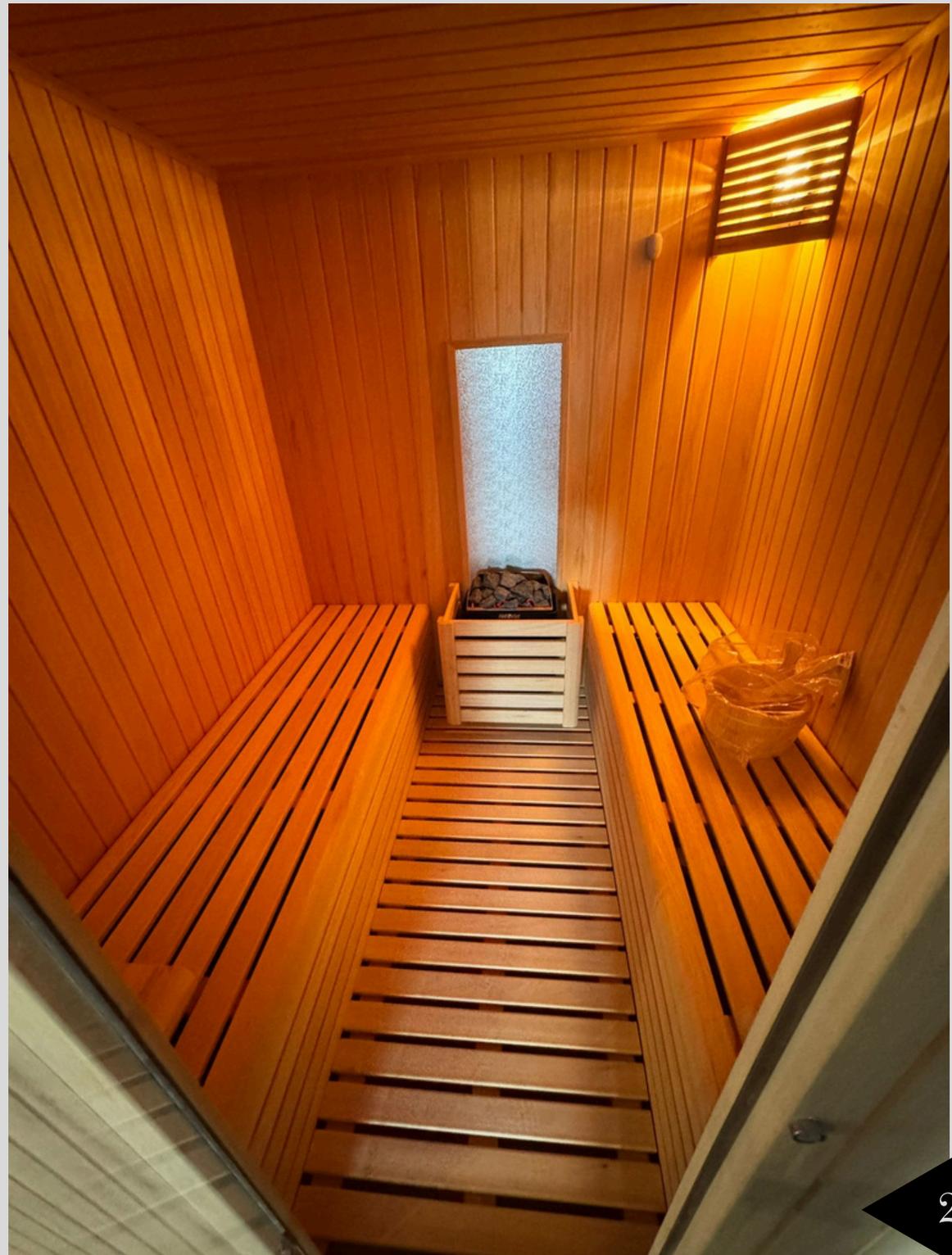
*For thousands of years, heat has been a sacred ritual. In Northern Europe, the sauna is more than a space — it's a way of life.*

## The Finnish Sauna

D&R brings to Miami the essence of the traditional Finnish sauna: a wood-crafted chamber designed to reach 176–212°F (80 - 110°C).

Its dry, enveloping heat purifies the body, calms the mind, and reconnects us to the natural rhythm of wellness.

Crafted from premium woods, with a meticulous European assembly method perfected over decades, each sauna is a legacy — not a product.





*"Give me the power to produce fever, and I will cure all disease." —  
Hippocrates (c. 460 - c. 370 B.C.)*

## Heat that heals

Unlike other systems of superficial warmth, the authentic Finnish sauna induces deep, uniform sweating through dry convection heat, promoting:

- Improved circulation and **cardiovascular health**
- Mental clarity and **stress relief**
- Muscle recovery and **joint relaxation**
- **Strengthened immune system** through thermoregulation
- **Skin detox** and respiratory well-being

All in 15 minutes a day — naturally, silently, and without compromise.

# Lifestyle & space integration

*An Object of Architecture.*

A D&R sauna is not a wooden box — it's a presence.

Thoughtfully designed to blend into modern interiors or stand out as a sculptural piece, each sauna becomes a natural extension of your home's architecture.

Clean lines. Warm textures. Absolute silence.



# The custom wellness experience

A D&R sauna is a private ritual.

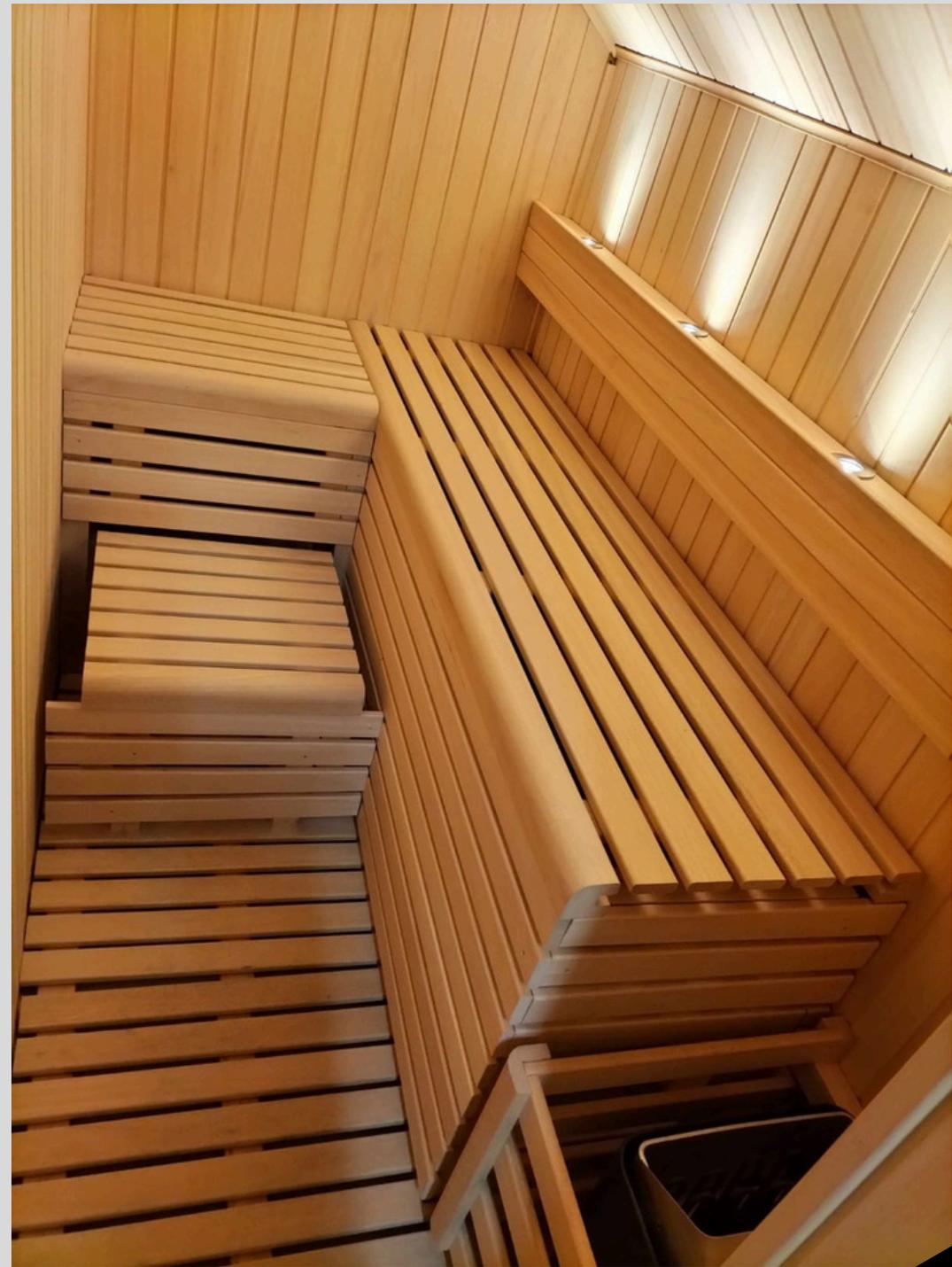
The aroma of select wood envelops you, warmth radiates through every surface, and silence embraces the space as the door closes.

In just 15 minutes, your mind clears, and your body remembers its rhythm.





*“Your personal Everest of calm,  
crafted in wood.”*



# Precision, assembly & time

Crafted with precision. Installed with care.



Designed in Barcelona, each sauna is conceived to blend seamlessly with its future space — from compact homes to expansive wellness rooms.

After the design is finalized and materials sourced, the final cuts and assembly are completed on site.

Project timelines depend on the design's complexity and material availability. We coordinate every detail to ensure a smooth process, with minimal disruption in your space.



*Designed in Barcelona. Assembled in Miami*

# Timeless materials

Selected to withstand heat. Chosen to elevate you

At D&R, every surface is made with premium wood selected not only for its beauty, but for its endurance.

Our materials are chosen for their low thermal conductivity, dimensional stability, and knot-free structure — essential to preserve comfort and integrity under high temperatures.

We source slow-growing woods with soft grain and natural resistance to warping, ensuring a smooth, cool-to-the-touch finish even in the hottest sessions.

Whether light or dark, every wood we use is tested by decades of experience and refined through generational craftsmanship.

Timeless in function and in form, it's the material your body remembers.



# Trusted by leaders in hospitality & wellness

Over the past decades, D&R saunas have been selected by leading hotels, spa resorts, sports clubs, and exclusive private homes.

We're proud to be the choice of those who demand excellence — from five-star hotel suites to elite athletic facilities and private wellness rooms.

Some of the spaces we've enhanced with our craft:



REAL CLUB DE TENIS BARCELONA - 1899



# Naturally at home in Miami

In a city where design meets wellness and personal space is sacred, a D&R sauna integrates seamlessly into the Miami lifestyle.

Crafted to perform in warm, humid climates and designed to elevate contemporary and tropical architecture, our saunas are not just wellness tools — they're living pieces of your home.

For those who live intensely but recharge in silence, this is your personal retreat. A ritual of calm, born in Europe, now reimagined for Miami.



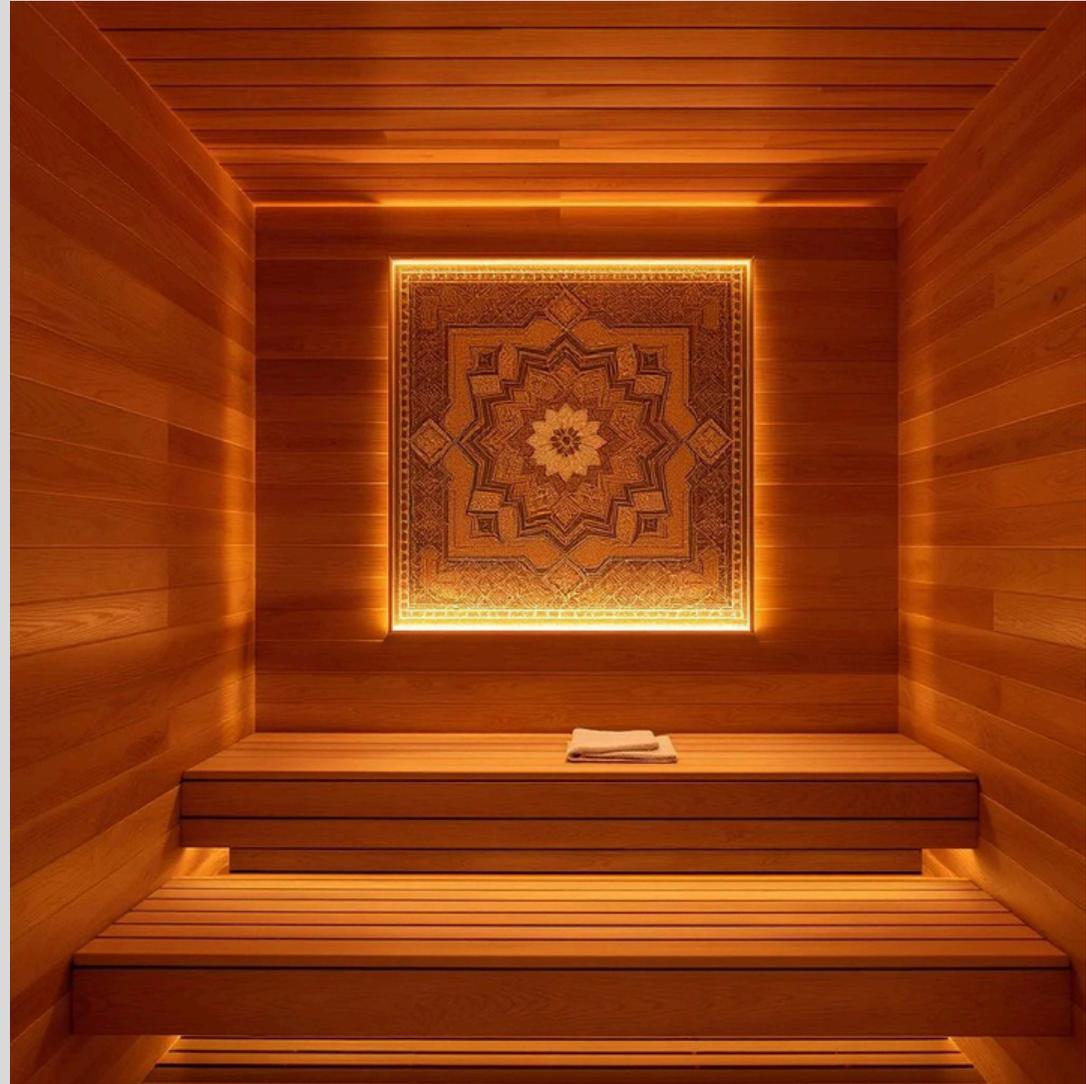
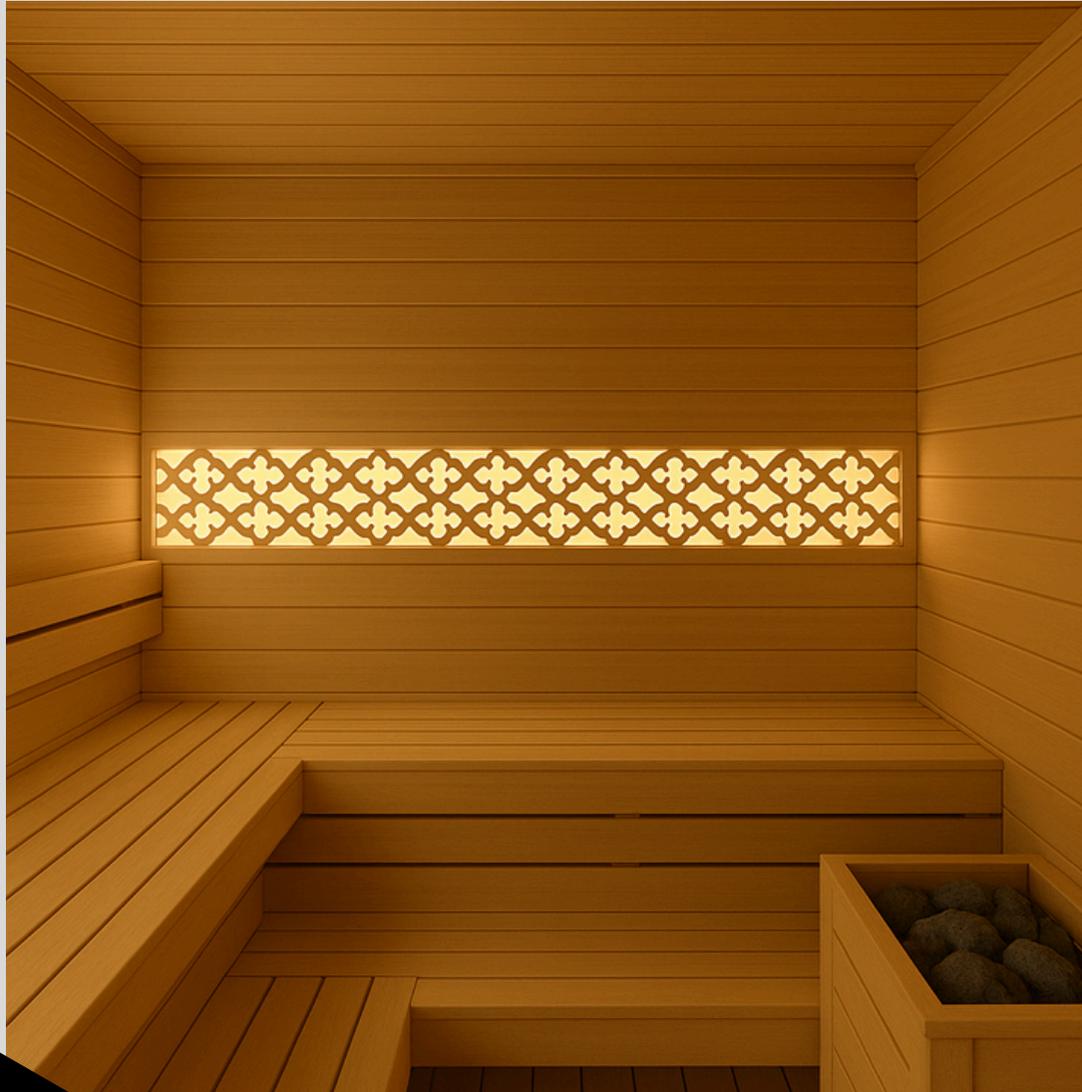
# See It First:

AI Concepts for your Miami Sauna

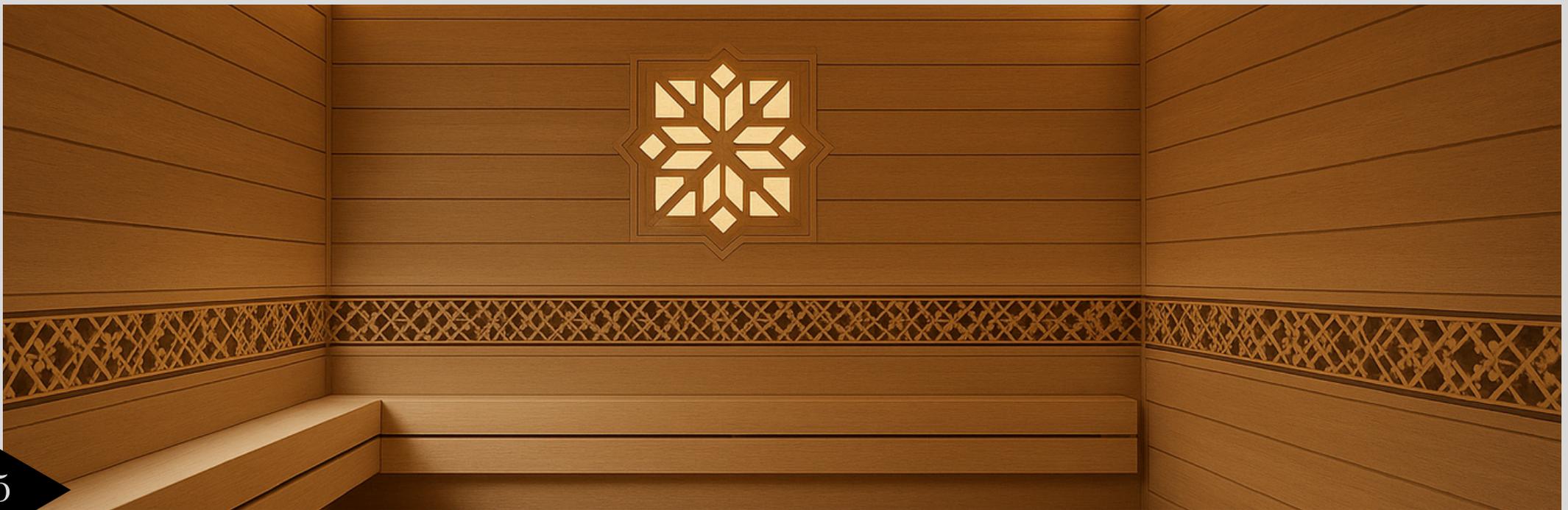
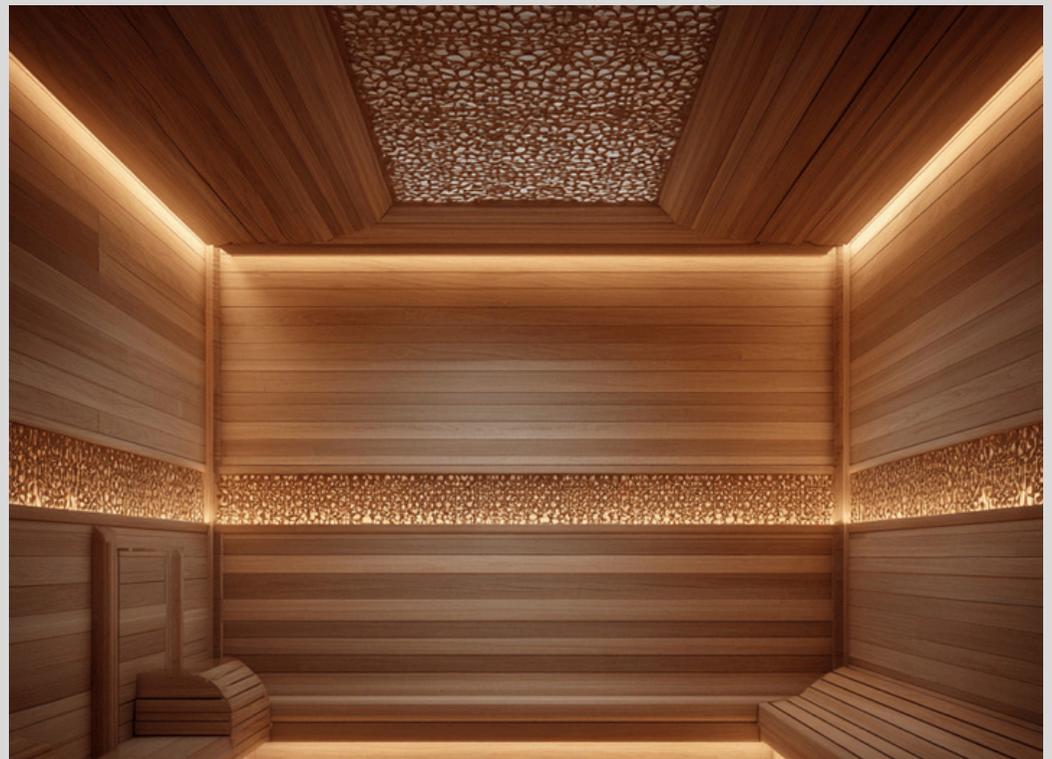
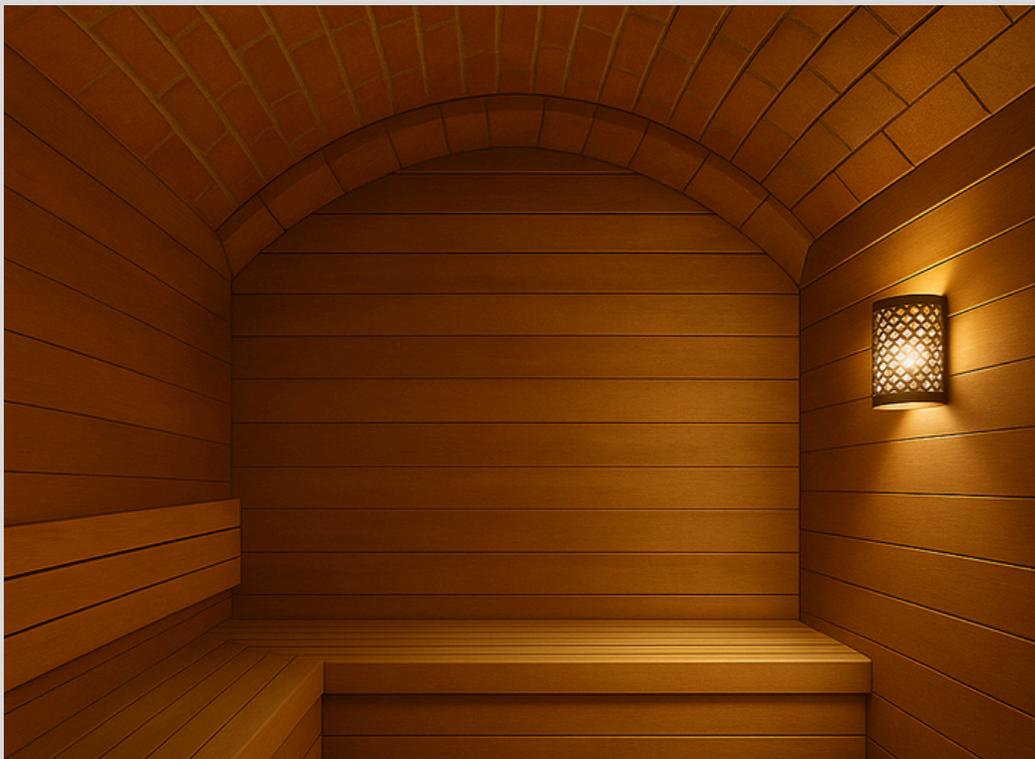


# Signature Concepts

Spanish Heritage Meets Sauna Design







# How to get a D&R custom sauna at home

## **1. First contact**

Tell us what you have in mind and where you'd like your sauna to be installed. You don't need to know all the details — we'll guide you.

## **2. Space assessment**

Send us a floor plan or photos. We'll assess dimensions, technical viability, and possibilities.

## **3. Custom design**

We create a tailor-made proposal adapted to your lifestyle, interior design and wellness needs. You'll review visual renders before confirming.

## **4. Craftsmanship & production**

Each sauna is handcrafted with selected wood and maximum attention to detail. We deliver premium finishes and long-lasting quality.

## **5. Delivery & professional installation**

Our team handles everything: logistics, assembly, and testing. In a few days, your sauna will be ready to enjoy.

## **6. Welcome to your new wellness space**

We deliver your fully installed sauna, along with a user manual, maintenance tips and access to our after-sales support.

# D&R

[www.duranramirez.com](http://www.duranramirez.com)

[info@duraramirez.com](mailto:info@duraramirez.com)

+34 613003923 (Whatsapp)